

Good Vibrations

An esoteric journey to healing.

Brothers this paper will take much from the second section of the second degree of our craft and postulate a connection to a method of health and healing which is part of our Masonic teachings.

In the second section of the second degree we were taken on a journey up a winding flight of stairs numbering 3, 5 and 7. Those numbers are a portion of this paper and will be returned to later. For now let us look at some of the meanings of those individual steps on the winding stairs. In fact we will also return to the shape of those stairs.

Among the liberal arts and sciences promulgated in the lecture are Geometry, Arithmetic and Music, to name but three. So bear with me while we look into each of those three but a little.

Arithmetic is a system of numbers whereby a question may be posed and answers divined. Such as one plus one equals two, or how many do you have if you add 3, 5 and 7? The sum of 3, 5 and 7 will be looked at later in this paper also.

Geometry is a system where by numbers can be used to describe shapes and give name to their attributes. Many and diverse are the manner of shapes in geometry and nature. Such as points, lines, squares, rectangles, triangles, spheres and helixes. Those shapes can also be acted upon by forces described by numbers or composed of representatives of numbers. Which brings us to Music.

Music is an elevated science easily capable of influencing our senses of human nature as well as our passions. Music is a system of sounds arraigned by the composer to create a desired result or property. Whether to lull our senses and calm our minds enabling us to relax or to stimulate us into actions is up to the composer. The modern composer has many centuries of technical expertise to draw upon not to mention modern methods of producing music. Imagine the soft croon of a mothers lullaby calming a child into a restful sleep. Now contrast that with the shrill of a bugle or the cry of bagpipes rallying weary soldiers to battle. Both are aimed at a specific result. I would be remiss were I not to add that sometimes music is composed simply because the composer likes the way it sounds. But, is that not also a desired result?? All achieved by sound.

Let us now look at what sound, and music is caused by. Well it is just a difference in air pressure structured in a particular pulsing way. The name given to those particular ways generally are called vibrations, or musical notes. Our modern music is composed of notes and a few flats and sharps of those notes thrown in to confuse the beginner. When written, each note is simply an expression of a sound, denoted on paper and is assigned a name so that the musician can play the correct note.

The correctness of those notes has been generally codified and standardized in modern times so that musicians in one local can play the composition from a distant land and have it sound as the composer meant it to. In eons past there were different names assigned to different notes. In fact in different areas the same note, such as the note A was tuned to be a different sound. One such example is the note

of A which in modern music is 440 Hz or vibrations per second. An ancient tuning of that note A was 432 Hz. While a very small difference in tone this is significant. Why you ask is this of importance? Well that is the way it was always done, so say some cultures at least. Perhaps more important is the reason those ancient tones were used.

Modern man has discovered that ancient Tibetan monks had tuned their singing bowls to a very specific tone. That tone being 528 Hz which is one note in an ancient musical scale. It is believed by many that the tone 528Hz is one of healing, also called by some the sound of love (that would be Philo not Eros by the way!!). That specific tone is thought to actually stimulate both healing and wellbeing when listened to often or incorporated into music. There is a belief and a New Age modern movement that use of the 528Hz tone in music can indirectly allow damaged DNA to heal. In particular the 528Hz tone seems to have an effect on water which allows healing of the DNA to occur. Also associated with water and 528Hz is the observed cleansing of polluted water after the massive oil spill in the Gulf of Mexico by broadcasting enhanced 528Hz tones on an oil soiled beach. So we have a musical tone affecting a geometric shape, your DNA, which is a helix much as the shape of a winding staircase traces a helix.

The 528Hz tone is one of a set of notes in the ancient Solfeggio musical scale. Which coincidentally was the musical scale used in a very ancient hymn written to honor Saint John the Baptist. The hymn was written sometime in the second century A. D.

As a side note Pythagoras used a system of mathematics whereby every large number was reduced to the lowest possible value. The system is also embraced by the study of Numerology.

Let's now look at a few Pythagorean sums. Looking at the 528Hz tone we have $5+2+8=15$ then $1+5=6$. Which by some is considered to be a perfect number and the number of healing or love. In the case of 3, 5 and 7 we have $3+5+7=15$, the 1 and 5 are then added together to also get the sum of 6. Could this be mere coincidence?

There is much more reading and research I have to accomplish on this topic yet I feel it is an appropriate Masonic endeavor. After all do we not use music in our rituals and ceremonies knowing that we desire a certain effect? Are we not charged to love our brothers as ourselves?

In closing, if a vibration of air pressure becomes sound and sound becomes music and music is healing are those not good vibrations?

Respectfully,

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